

Initial Client Interview

Please answer the following questions to your best ability.

1. What would be your ideal birth situation?

2. Was/were your birth(s) experience/s similar to your ideal?

3. Why are you interested in a home birth?

4. Who will attend your birth? Are you both in agreement with the people in attendance?

5. Will these people be supportive or apprehensive of a home birth? What role will they play in the birth itself? (It is our desire to meet with everyone that will be included in the birth team.)

6. What are your expectations of us? (Pregnancy, labor, and post-partum)

7. Will you expect most of your support and guidance to be provided from us, your partner/the birth father, or both?

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8. What can we honestly expect from you? Will you follow our suggestions for good prenatal health, education, and exercise to maximize the potential for a safe and happy home birth? (Even if the suggestions are difficult and require you to make great sacrifices?)

9. What are some things you absolutely will not do or follow?

10. How would your partner/the birth father like to be involved in the birth? (cord cutting, catching, behind the scenes support, etc.)

11. What things should we know about you to help us serve you better? (personality traits, pet peeves, etc.)

12. What are your biggest concerns about delivering at home (things you fear may go wrong)?

MY EXPECTATIONS OF THE CLIENT:

- ***A willingness to try suggestions that will help to make your pregnancy and labor more effective and safe.***
- ***A desire and commitment to follow through with good prenatal nutrition, exercise, supplements, and education.***
- ***A willingness to make it to all appointments on time.***
- ***Diligence in keeping your account current, choosing a payment plan, and sticking to it.***
- ***A desire to do whatever is best for the baby and for your well-being during the pregnancy and labor/delivery.***
- ***A willingness to trust our knowledge and realize that if we are unsure of things, or if complications arise, we will make you fully aware and find answers; or seek help to do so.***
- ***Honesty—particularly about anything that would affect your health and that of your baby.***

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