

Initial Client Interview

**Please answer the following questions to your best ability.**

**1. What would be your ideal birth situation?**

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**2. Was/were your birth(s) experience/s similar to your ideal?**

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**3. Why are you interested in a home birth?**

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**4. Who will attend your birth? Are you both in agreement with the people in attendance?**

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**5. Will these people be supportive or apprehensive of a home birth? What role will they play in the birth itself? (It is our desire to meet with everyone that will be included in the birth team.)**

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**6. What are your expectations of us? (Pregnancy, labor, and post-partum)**

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**7. Will you expect most of your support and guidance to be provided from us, your partner/the birth father, or both?**

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**8. What can we honestly expect from you? Will you follow our suggestions for good prenatal health, education, and exercise to maximize the potential for a safe and happy home birth? (Even if the suggestions are difficult and require you to make great sacrifices?)**

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**9. What are some things you absolutely will not do or follow?**

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**10. How would your partner/the birth father like to be involved in the birth? (cord cutting, catching, behind the scenes support, etc.)**

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**11. What things should we know about you to help us serve you better? (personality traits, pet peeves, etc.)**

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**12. What are your biggest concerns about delivering at home (things you fear may go wrong)?**

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MY EXPECTATIONS OF THE CLIENT:

- ***A willingness to try suggestions that will help to make your pregnancy and labor more effective and safe.***
- ***A desire and commitment to follow through with good prenatal nutrition, exercise, supplements, and education.***
- ***A willingness to make it to all appointments on time.***
- ***Diligence in keeping your account current, choosing a payment plan, and sticking to it.***
- ***A desire to do whatever is best for the baby and for your well-being during the pregnancy and labor/delivery.***
- ***A willingness to trust our knowledge and realize that if we are unsure of things, or if complications arise, we will make you fully aware and find answers; or seek help to do so.***
- ***Honesty—particularly about anything that would affect your health and that of your baby.***

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